November 2026

TRADITIONAL CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 EXERCISE 10:30 WHY DAYLIGHT SAVINGS TIME? 1:00 GUESS THE PRESIDENT 2:00 HARRY BELAFONTE CONCERT 3:00 CARD/BOARD GAME Daylight Saving Time Ends	**2** 9:30 EXERCISE 10:30 CURRENT EVENTS 1:00 BINGO 2:00 BALLOON BOP 3:00 BOGGLE WORD GAME 4:00 COLOR/CRAFT CIRCLE 5:45 WII BOWLING	**3** 9:30 EXERCISE 10:30 ROSARY (SUNROOM) 11:00 WII BOWLING 1:00 SCARECROW CRAFT 2:00 MAD LIBS 3:00 SPORTS TRIVIA 4:00 AIR HOCKEY	**4** 9:30 EXERCISE 10:00 HANGMAN 11:00 CARD GAME 1:00 BINGO 2:00 CHAIR YOGA WITH THE YMCA 3:00 MUSIC WITH BEN 4:00 MINDFULNESS 5:45 "A LEAGUE OF THEIR OWN" MOVIE	**5** 9:30 EXERCISE 10:00 LEAF WREATH CRAFT 11:00 WORSHIP SERVICE (LIBRARY) 1:00 COMMUNION (SUNROOM) 2:00 GRIEF SUPPORT GROUP (DINING ROOM) 3:00 MUSIC & MANICURES 4:00 YAHTZEE 5:45 ROWAN & MARTIN'S LAUGH- IN FT. GOLDIE HAWN AND CHER	**6** 9:30 EXERCISE 10:30 KINNEY'S OUTING 1:00 BINGO 2:00 VOLUNTEER TO MAKE THE STAFF A MEAL (DINING ROOM) 3:30 CAKE & COCKTAILS 5:45 MICHELANGELO: ARTIST AND GENIUS DOCUMENTARY	**7** 9:30 EXERCISE 10:30 SCRABBLE 1:00 ROBERT FROST POETRY APRECIATION 2:00 CHASING PLUTO DOCUMENTARY 3:00 CARD/BOARD GAME
8 9:30 EXERCISE 10:30 ALL ABOUT CATS 1:00 TRAVELOGUE: PHILIPPINES 2:00 DANNY KAYE DOCUMENTARY 3:00 CARD/BOARD GAME Diwali (Hindi)	**9** 9:30 EXERCISE 10:30 CURRENT EVENTS 1:00 BINGO 2:00 BE STEADY WITH BAYADA (DINING ROOM) 3:00 JUNK JOURNAL CRAFT WITH JOANNE 5:45 WII BOWLING	**10** 9:30 EXERCISE 10:30 ROSARY (SUNROOM) 11:00 WII BOWLING 1:00 OWL CRAFT 2:00 SKIP-BO CARD GAME 3:00 U.S HISTORY TRIVIA 4:00 YOUTH LEADERS OF VT VOLUNTEER GROUP	**11** 9:30 EXERCISE 10:00 VETERANS DAY POPPY CRAFT 11:00 CARD GAME 1:00 BINGO 2:00 CHAIR YOGA WITH THE YMCA 3:00 WIZARD OF OZ TRIVIA 4:00 MINDFULNESS 5:45 "WIZARD OF OZ" MOVIE Veterans Day Remembrance Day (Canada)	**12** 9:30 EXERCISE 10:00 FALL ANIMAL CRAFT 11:00 WII BOWLING 1:00 COMMUNION (SUNROOM) 2:00 SPA DAY 3:00 MUSIC & MANICURES 4:00 BIRD BINGO 5:45 DIANA ROSS AND THE SUPREMES CONCERT	**13** 9:30 EXERCISE 10:30 RESIDENT MEETING 1:00 BINGO 2:00 VOLUNTEER TO MAKE THE STAFF A MEAL (DINING ROOM) 3:00 RANDOM JEOPARDY 5:45 INSIDE CHINA'S SECRET JUNGLE NATURE DOCUMENTARY	**14** 9:30 EXERCISE 10:30 SCRABBLE 1:00 FACTS ABOUT SQUIRRELS 2:00 DOCUMENTARY: GOING NUTS: TALES FROM THE SQUIRREL'S WORLD 3:00 CARD/BOARD GAME
15 9:30 EXERCISE 10:30 TRAVELING BY TRAIN 1:00 TRAVELOGUE: LONDON 2:00 DOCUMENTARY: THE ORIENT EXPRESS 3:00 CARD/BOARD GAME	**16** 9:30 EXERCISE 10:30 CURRENT EVENTS 1:00 BINGO 2:00 MINDFULNESS-YOGA BLEND WITH LAURENCE 3:00 JUNK JOURNAL CRAFT WITH JOANNE 5:45 WII BOWLING	**17** 9:30 EXERCISE 10:30 ROSARY (SUNROOM) 11:00 WII BOWLING 1:00 ACORN EGG CRAFT 2:00 GUITAR MUSIC WITH CHARLIE (DINING ROOM) 3:00 CRANIUM CRUNCHES 4:00 YOUTH LEADERS OF VT VOLUNTEER GROUP	**18** 9:30 EXERCISE 10:00 NOVEMBER JEOPARDY 11:00 CARD GAME 1:00 BINGO 2:00 CHAIR YOGA WITH THE YMCA 3:00 GROUP POETRY WRITING 4:00 MINDFULNESS	**19** 9:30 EXERCISE 10:30 WELLNESS TALK WITH BAYADA: HOLIDAY HEALTH 11:00 WII BOWLING 1:00 CATHOLIC MASS 2:00 PIANO WITH JAZZOU JONES (DINING ROOM) 3:00 MUSIC & MANICURES 4:00 WORD FINDS 5:45 THE CHER SHOW FT. ELTON JOHN, BETTE MIDLER AND MORE	**20** 9:30 EXERCISE 10:30 "IF YOU COULD…" DISCUSSION GROUP 1:00 BINGO 2:00 VOLUNTEER TO MAKE THE STAFF A MEAL (DINING ROOM) 3:00 NEW RESIDENT WELCOME SOCIAL 5:45 THANKSGIVING DOCUMENTARY	**21** 9:30 EXERCISE 10:30 SCRABBLE 1:00 BIG CITY TRIVIA 2:00 BROOKLYN BRIDGE DOCUMENTARY 3:00 CARD/BOARD GAME
22 9:30 EXERCISE 10:30 ALL ABOUT BALLET 1:00 FAMOUS SCULPTURES 2:00 BEST OF THE ANDY WILLIAMS SHOW 3:00 CARD/BOARD GAME	**23** 9:30 EXERCISE 10:30 CURRENT EVENTS 1:00 BINGO 2:00 BE STEADY WITH BAYADA (DINING ROOM) 3:00 CATEGORIES WORD GAME 4:00 COLOR/CRAFT CIRCLE 5:45 WII BOWLING	**24** 9:30 EXERCISE 10:30 ROSARY (SUNROOM) 11:00 WII BOWLING 1:00 PAPER PLATE TURKEYS CRAFT 2:00 SKIP-BO CARD GAME 3:00 LAST LETTER, FIRST WORD GAME 4:00 WASHER TOSS	**25** 9:30 EXERCISE 10:30 LIBRARY DELIVERY 1:00 BINGO 2:00 GUITAR MUSIC WITH CAROL ANN (DINING ROOM) 3:00 THANK YOU NOTES 4:00 MINDFULNESS 5:45 "80 FOR BRADY" MOVIE	**26** Happy Thanksgiving! 9:30 EXERCISE 10:00 WATCH THE MACY'S THANKSGIVING DAY PARADE 1:00 PENCIL ART 2:00 THANKSGIVING TRIVIA 3:00 MARTHA STEWART THANKSGIVING VIDEO Thanksgiving Day (U.S)	**27** 9:30 EXERCISE 10:30 BOGGLE WORD GAME 1:00 BINGO 2:00 THANKFUL PUMPKIN CRAFT 3:00 FAMILY FEUD TRIVIA 5:45 JOHNNY CASH CONCERT	**28** 9:30 EXERCISE 10:30 SCRABBLE 1:00 WHAT IS OPERA? PRESENTATION 2:00 THE BEGINNINGS OF OPERA IN ITALY DOCUMENTARY 3:00 CARD/BOARD GAME
29 9:30 EXERCISE 10:30 WORD GAME 1:00 ALL ABOUT LEONARDO DA VINCI 2:00 WILLIE NELSON CONCERT 3:00 CARD/BOARD GAME	**30** 9:30 EXERCISE 10:30 CURRENT EVENTS 1:00 BINGO 2:00 PING PONG 3:00 WORLD HISTORY TRIVIA 4:00 COLOR/CRAFT CIRCLE 5:45 WII BOWLING					



All programs will be held in the Community Life Room unless otherwise noted. All programs are subject to change to better suit the needs of the residents.